

GOLF MAINE PARK DISTRICT



Golf Maine
Park District

#GMPDCommunityStrong

PROGRAMS FALL 2021

WWW.GMPD.ORG

KIDZ ACADEMY

OFF DAY, FUN DAY

Dates: Monday, Oct 11, 2021
 Monday, Nov 1, 2021
 Monday, Jan 17, 2022
 Monday, Feb 21, 2022
 Time: 730am-6pm
 Grade: K-8
 Location: Dee Park Rec. Center
 Fee: \$36 per day

Thanksgiving Break Camp

Dates: Friday, Nov 19, 2021
 Monday, Nov 22, 2021
 Tuesday, Nov 23, 2021
 Wed., Nov 24, 2021
 Time: 730am-6pm
 Grade: K-8
 Location: Dee Park Rec. Center
 Fee: \$36 per day

Winter Break Camp

Dates: Monday, Dec 20, 2021
 Tuesday, Dec 21, 2021
 Wednesday, Dec 22, 2021
 Thursday, Dec 23, 2021
 Monday, Dec 27, 2021
 Tuesday, Dec 28, 2021
 Wednesday, Dec 29, 2021
 Thursday, Dec 30, 2021
 Time: 730am-6pm
 Grade: K-8
 Location: Dee Park Rec. Center
 Fee: \$36 per day

Spring Break Camp

Dates: Fri., March 18, 2022
 Mon., March 21, 2022
 Tues., March 22, 2022
 Wed., March 23, 2022
 Thu., March 24, 2022
 Fri., March 25, 2022
 Time: 730am-6pm
 Grade: K-8
 Location: Dee Park Rec. Center
 Fee: \$36 per day

Spend your off days at Dee Park with games, crafts, movies and more. Children must bring a sack lunch, snack, and a beverage.

MIN/MAX: 10/30

No School Days

Monday, Sept 6	Labor Day	No program available
Tuesday, Sept 7	Rosh Hashanah	No program available
Thursday, Sept. 16	Yom Kippur	No program available
Monday, Oct 11	Indigenous Peoples Day	Off Day, Fun Day
Monday, Nov 1	Institute Day	Off Day, Fun Day
Friday, Nov 19	Parent/Teacher Conferences	Thanksgiving Break Camp
Nov 22-Nov 26	Thanksgiving Break	Thanksgiving Break Camp No program available Nov 25th & Nov 26th
Dec 20-Dec. 31	Winter Break	Winter Break Camp No program available Dec 24th & Dec 31st
Monday, Jan 17	Martin Luther King, Jr. Day	Off Day, Fun Day
Monday, Feb 21	Presidents Day	Off Day, Fun Day
Friday, March 18	Morning Parent/Teacher Conferences	Spring Break Camp
March 21-March 25	Spring Break	Spring Break Camp
Friday, April 15	Good Friday	No program available
Monday, May 30	Memorial Day	No program available

Feldman Park Recreation Center
 8800 Kathy Lane
 Niles, IL 60714
 847-297-3000

Dee Park Recreation Center
 9229 W. Emerson St.
 Des Plaines, IL 60016
 847-297-3026



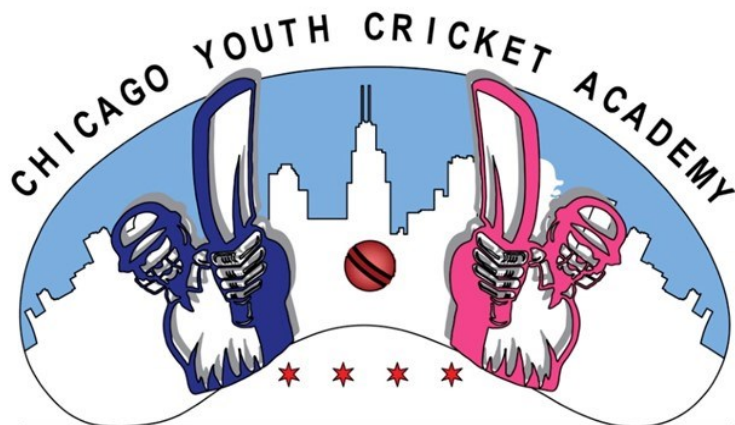
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TIME		DATE	
9:00AM - 12:00PM		10/11/21	
11/01/21		01/17/22	
02/21/22			
GRADE	FEE		
K-8	\$25 / DAY		

FELDMAN PARK
8800 KATHY LANE
NILES, IL 60714
847 297 3000





Golf Maine Park District Youth Cricket Program

The cricket program will focus on coaching skills to the kids. Sessions will have a mix of drills for batting, bowling and fielding and game practice sessions. Batting drills will focus on techniques for stroke play - front foot and back foot. Bowling drills will be on helping kids bowl with a straight arm action and learn to bowl pace or spin bowling. This program is instructed by Chicago Youth Cricket Academy (CYCA - www.cycacademy.org).

Beginner Level: Age Group: 6-14 years. Includes introduction to Cricket, Learning Basic skills of cricket with a Tennis or Soft Synthetic ball (Batting, Bowling and Fielding). No cricket kit required.

Age Group	Time Slots	Cost
6-10 years old	Wed. 5pm-630pm, Sat. 830am-10am	\$160
11-14 years old	Wed. 630pm-8pm, Sat. 10am-1130am	\$160

Duration: Sept. 22, 2021 - Oct. 23, 2021 (10 classes)

Wednesdays @ Cricket Pitch

Saturdays @ Baseball Field

THIS CLASS WILL BE OUTDOORS ONLY

DRESS APPROPRIATELY

Instructor will call if class if cancelled due to weather conditions.

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Dee Park Rec Center
9229 W. Emerson St., Des Plaines
847-297-3026



MINI KICKERS SOCCER

DEE PARK RECREATION CENTER

WEDNESDAYS

OUTDOORS, WEATHER PERMITTING.

Fall Session 1: Sept. 15—Oct. 20

Fall Session 2: Nov. 3—Dec. 15

(no class 11/24)

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Each Session is 6 weeks

4—5 years old

330pm-415pm \$50



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LiL' Kickers Youth Soccer

WEDNESDAYS

Dee Park Recreation Center

OUTDOORS, WEATHER PERMITTING.

Fall Session 1: Sept. 15—Oct. 20

Fall Session 2: Nov. 3—Dec. 15 (No class 11/24)

Each session is 6 classes

415pm-515pm 6-8 YEARS OLD

\$60



- Learn basic rules
- Practice drills
- Learn footwork
- Dribbling
- Passing



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8800 Kathy Lane, Niles,
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League Prep Youth Soccer

WEDNESDAYS

Dee Park Recreation Center

Outdoors, weather permitting.

Fall Session 1: Sept. 15 - Oct. 20

Fall Session 2: Nov. 3 - Dec. 15 (no class 11/24)

This session is 6 classes

515pm-615pm

9-11 years \$60

www.gmpd.org



REGISTER
NOW
ONLINE



Feldman Park Recreation Center
8800 Kathy Lane, Niles,
847-297-3000

Dee Park Recreation Center
9229 W. Emerson St., Des Plaines
847-297-3026

Little Dribblers



Dee Park Recreation Center

Tuesday's

4pm-5pm 4-7 years

\$55 per session

Fall Session 1: Sept.14 — Oct. 19

Fall Session 2: Nov.2— Dec. 14(No class 11/23)

Each session is 6 classes



Learn Basic Basketball Skills

Dribbling

Shooting

Passing



Feldman Park Recreation Center
8800 Kathy Lane, Niles,
847-297-3000
847-297-6179 (Fax)

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Dee Park Recreation Center
9229 W. Emerson St., Des Plaines
847-297-3026
847-297-5779 (Fax)

League Prep Youth Basketball



Tuesday's
Dee Park Recreation Center
5pm-6pm 8-11 years
\$55 per session

Fall Session 1: Sept. 14 — Oct. 19

Fall Session 2: Nov. 2—Dec. 14 (no class 11/23)

Each session is 6 classes

This program help's develop skills to participate in our 4th - 6th grade basketball league. Participants will practice dribbling, shooting, footwork and other basic principles.

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847-297-6179 (Fax)

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Little Dragons



PRE-KARATE

AGES 4 — 6

AT FELDMAN PARK
RECREATION CENTER

This program is geared towards introducing basic martial arts skills through fun activities, games, & drills. Children improve their motor skills, flexibility, balance and coordination while building self confidence. They will also learn the value of discipline and respect.

MONDAYS

TIME: 4:30pm — 5:00pm
(30 MINUTES)

SESSION 1: SEPT. 13 — OCT. 4

SESSION 2: OCT. 18 — NOV. 8

SESSION 3: NOV 15. — DEC. 13 (NO CLASS 11/22)

Each Session is 4 weeks

\$30.00/PER SESSION

Michelle De La Rosa

Owner at Mind - Body - Defense

Martial Arts in Des Plaines, IL

4th Degree Black Belt & over 30 years experience in teaching children ages 4 and up. She holds a 4th degree black belt in Okinawan Shorei Goyu Ryu Karate, a 1st degree black belt in Pankration, is a Certified Level 2 Krav Maga Instructor.



Registration available
online @

www.gmpd.org

For registration information, please contact Kathy

@ 847-297-3026, ext. 210 or kbuttell@gmpd.org

MUST HAVE A UNIFORM TO PARTICIPATE

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YOUTH MARTIAL ARTS

AGES 7-14

AT FELDMAN PARK

Students learn basic stances, forms and kicks. Great emphasis is given to the proper mastery of these basic skills. Students in this program improve their motor skills, coordination and flexibility, which provides a basis for life-long love of physical activity. They also learn the values of respect, courtesy and discipline.



MONDAYS

7-10 years old — **TIME:** 5:00pm — 5:45pm (45 minutes)

11-14 years old — **TIME:** 5:45pm — 6:30pm (45 minutes)

FALL SESSION 1: SEPT. 13— OCT. 4

FALL SESSION 2: OCT. 18— NOV. 8

FALL SESSION 3: NOV. 15— DEC. 13 (NO CLASS 11/22)

\$35.00/ PER SESSION *EACH SESSION IS 4 WEEKS*

For registration information, please contact Kathy @ 847-297-3026, ext. 210
or kbuttell@gmpd.org

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Michelle De La Rosa

Owner at Mind - Body - Defense Martial Arts in Des Plaines, IL

4th Degree Black Belt & over 30 years experience in teaching children ages 4 and up. She holds a 4th degree black belt in Okinawan Shorei Goyu Ryu Karate, a 1st degree black belt in Pankration, is a Certified Level 2 Krav Maga Instructor through Alpha Krav Maga International as well as a Certified Women's Self-Defense and Rape Prevention Instructor.



EMAIL: mbdmartialarts@comcast.net

PHONE: (847) 297-2788

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Instructor: Sandria Dajani

Tuesdays

***We need a minimum of 5 participants for each class to be held.**

Session	Age	Date	Time	Location	Fee	Prog#
1	9 yrs.— Adult	9/14—10/26 (7 weeks)	6 pm — 7 pm	Dee Park	\$70	505

Wednesdays

Session	Age	Date	Time	Location	Fee	Prog#
1	4 yrs. - 8 yrs.	9/15—10/27 (7 weeks)	6 pm — 7 pm	Feldman Park	\$70	505

Classes will start back with “safe distancing” Open Level combination classes incorporating ballet, tap and jazz. Ballet is the foundation of all dance forms. It is also used by individual athletes and athletic teams because it uses the entire body with greater range of motion, coordination, strength and endurance than almost any other activity. Ballet also helps children to mature physically, socially and cognitively. Tap teaches rhythm and coordination with sounds. Jazz is full of rhythm and brings energy and life to dance.



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847-297-3000**



Sept. 22 - Nov. 7

\$110 per player

Feldman Recreation Center

First Practice: Wednesday, Sept. 22 @ 530pm-7pm

Games & practice times will vary throughout the week.

Coaches will call to notify you of your team, practice day & times.

9 GAMES + PLAYOFFS

Registration available online www.GMPD.org

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Youth Co-Ed Volleyball Class

THURSDAY'S

5:45PM-7PM

9-13 YEARS

\$60 PER SESSION

FELDMAN RECREATION CENTER

FALL SESSION : NOV 4 — DEC. 16 (6 weeks) (NO CLASS 11/25)

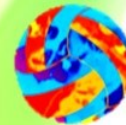
LEARN BASIC FUNDAMENTALS OF VOLLEYBALL

SPIKING

SET

BUMPING

GAME PLAY WILL FOLLOW AFTER
SKILLS ARE ACHIEVED



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